

(562)434-7822 ~ <u>Donna@GlacierPointSolutions.com</u> ~ <u>www.GlacierPointSolutions.com</u> LinkedIn Company Page: <u>LinkedIn.com/company/glacier-point-solutions-inc-</u>

### Job Search Coaching Process - Training Guide

### The Mental Game of Job Search

### **Helpful Thoughts for Job Search Clients**

1. Make it an Adventure

### Questions:

- a. How can you make your job search an adventure?
- b. How can you be 'with' the process in a way so it feels like an adventure?
- 2. Make it Fun

### Questions:

- a. How can you make the process fun?
- b. How can you make the process lighter?
- 3. Have A Winning Attitude

### Questions:

- a. What would help you have a winning attitude?
- b. How have you won in the past? How can you apply how you approached that to your job search?
- c. Can you think of a time when you needed to be resourceful? What did you do?
- d. What are you grateful for now?
- e. How much do you want this new job? What are you willing to sacrifice to get it?
- 4. <u>Sowing Seeds of Possibility</u> Refer the client to the article off the <u>Mental Game of Job Search</u> Page
  - a. The more seeds you plant the more will grow
  - b. Some seeds will reward you months or years from now

### Questions:

- c. How can you use this or another metaphor to support you during your job search?
- 5. It's a Numbers Game (Just Like Any Kind of Sales)
- 6. Cast a Wide Net
- 7. Be patient, it takes time
  - a. The higher the position, the less positions there are, so be doubly patient
- 8. Interview Wisdom:
  - a. Always Play to Win
  - b. People Hire People Who are Like Them, Mirror Your Interviewer

### **Mental Challenges for Job Search Clients**

9. Panic at Not Having a Job

Questions

- a. Is Your Fear Founded?
- b. What are the Resources You Could Tap Into to Support You During This Time?
- c. How Can You Bring in Some Money (Consulting, Contract Work)?

<u>Actions</u>

d. Assess Income and Assets, Make a Budget, Ask for Help, Look for Consulting Work, Ask if You Can Consult at Your Past Job, Journal About the Fear, Draw About the Fear



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### 10. Letting Go of the Last Job

### **Questions**

- a. How Can You Let Go of the Things You Loved About Your Last Job?
- b. How Can You Let Go of the Trauma from Your Last Job?

<u>Actions</u>

- c. Letting Go Ceremony, Journaling, Talking to Friends, Draw What Letting Go Would Look Like, Meditate
- 11. Fear Show the Client the 5 Fears Webpage
  - a. Inadequacy
    - i. Too old
    - ii. Not having a degree
    - iii. Not enough experience
    - iv. Explaining lay off or being fired
  - b. Fear of Rejection / Fear of the Unknown Fear of Embarrassment / Fear of Failure / Being Judged
    - i. Reaching out to Their Existing Network
    - ii. Networking
    - iii. Job Description Intimidation
      - 1. You only need 60% of the requirements
      - 2. People hire people they like
      - 3. People hire people who are like them
    - iv. Applying
    - v. Interviewing
      - 1. Guided Imagery
    - vi. Negotiating

### Questions for Fear of Rejection:

- 1. In your previous job, what was it that made you valuable to your organization? What did you bring to the table?
- 2. How could a company benefit from what you have to contribute?
- 3. How can you reframe this experience so you don't take it personally?
- 4. Could there be a way to make rejection a game or find the adventure in it?
- 12. Stepping into The Mental Space of the Next Rung on the Ladder
- 13. Confidence
- 14. Doing Enough

a. Job Search Schedule – Show the Client This Web Page

- Questions:
  - i. How many hours do you want to spend searching?
  - ii. How will you schedule this into your calendar?
- b. Job Search Goals & Metrics Show the client the Job Search Metrics page
- 15. Handling Rejection
- 16. Eggs in One Basket
- 17. Stamina & Perseverance
- 18. Job Search Burnout



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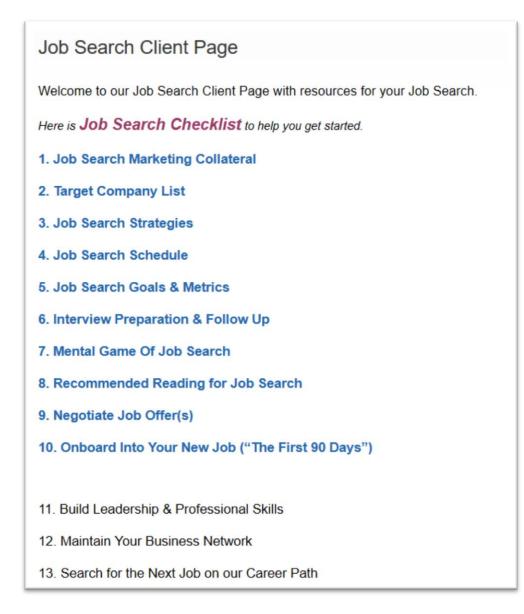
### Job Search Checklist

- Job Search Marketing Collateral
  - □ Resume
  - Cover Letter
  - Elevator Speech
  - Network (People) List
  - LinkedIn Profile
  - Executive Bio
  - Online Presence
  - Personal Branding
  - References
- Target Company List
- Job Search Plan
  - □ Job Search Strategies (Choose at least 6)
    - □ Recruiters & Headhunters
    - Work Your Existing Network
    - □ Network to Find a Job
    - Job Search Websites
    - LinkedIn
    - Company Website Job Listings
      - \_\_\_\_\_
  - □ Job Search Schedule
  - □ Job Search Metrics & Goals
  - Organization

- □ Productivity & Accountability
- □ Hone Skills in Selected Job Search Strategies
- □ Interview Preparation & Follow Up
- Mental Game of Job Search
  - Motivation
  - □ Confidence
  - Perseverance
  - Rejection
  - Resilience
- □ Negotiate Job Offer(s)
- □ Onboard into Your New Job ("The First 90 Days")
- Build Leadership & Professional Skills
- □ Maintain Your Business Network
- □ Search for the Next Job on Your Career Path

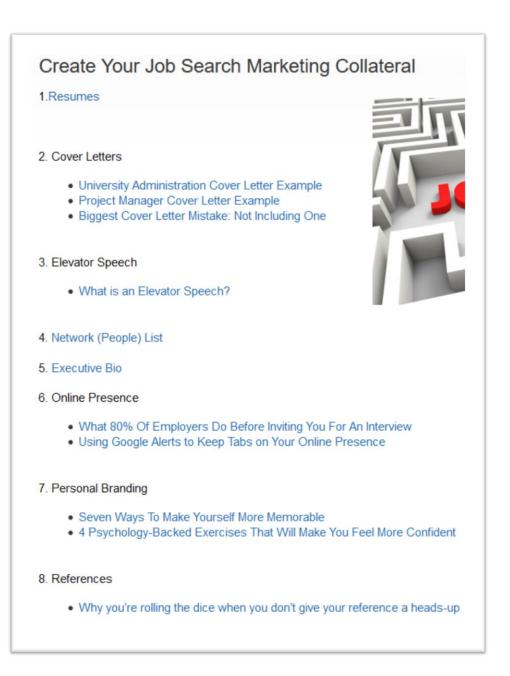


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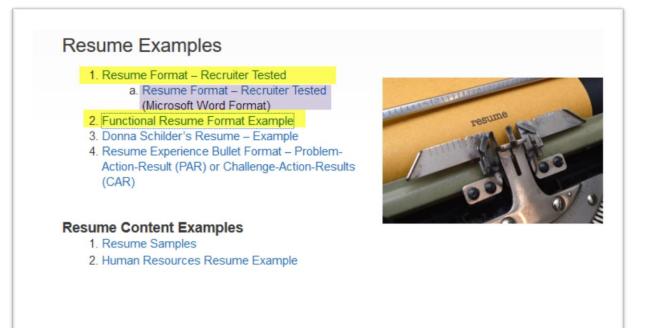
#### Resume Check List Here are some steps to follow to ensure you create an effective resume that will help you get your dream job! Determine Your Target Job or Jobs • Determine Your Target Industries Determine How Many Different Resumes to Create · One for each type of job you are targeting Possibly different resumes for different industries · Gather Job Ads from Job Search Websites for Jobs That Interest You · Utilize words from the Job Ads in your resume Choose a Resume Format (Chronological, Functional Resume Example, or a Combination) RESUME EXAMPLES · Select format and content tips to follow · Review colleague resumes and incorporate good phrases and terms Create a Keyword List / Skills List (a list of words that Recruiters or Hiring Managers would search on to find someone like you) Decide whether to write it yourself or hire a professional resume writer. Writing it yourself will ensure you can talk to the important points when you are interviewed. PROFESSIONAL RESUME WRITERS Colleagues Obtain Feedback from Have a friend proofread your resume · Proofread your resume (typos make you look sloppy and unprofessional) · Add Keywords from your Keyword List throughout your resume to ensure it will be sorted well by Resume Scanning Software · Getting feedback from HR Professional or Industry Insiders can be invaluable in helping you use the right language to describe your accomplishments and catch the attention of hiring managers and recruiters in your field. Industry Insiders HR Experts Recruiters o Mentors Revise Your Resume Based on the Feedback Add Your Resume to Your LinkedIn Profile as a Document . If you do not have to be concerned about your employer finding out you are in a job search, post your resume on Job Search Websites and Social Media Update Your Resume Each Time You Obtain a New Job

#### **RESUME TIPS**

#### Download/Print Copy



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# ΝΑΜΕ

# Human Resources Generalist

- Certified Professional in Human Resources (PHR) offering a 15-year Human Resources career distinguished by commended performance and proven results.
- Extensive background in Human Resources Generalist responsibilities, including strong experience in employee relations, performance coaching, conflict resolution, job candidate recruitment, HR policies development, and state and federal labor law compliance.
- Demonstrated success in negotiating win-win compromises and developing and writing performance improvement plans, corporate policies, job descriptions, and corporate communications.

### HUMAN RESOURCES SKILLS

Employee Relations Training Investigations Mediation & Advocacy HR Policies & Procedures Multi-State Employment Law Performance Management Organizational Change Recruitment (exempt & non-exempt) Orientation & On-Boarding HR Project Management LOA-FMLA/ADA/EEO/WC Benefits & Payroll Processing UI Claims and Hearings

### HUMAN RESOURCES EXPERIENCE

#### **CORESTAFF AGENCY**

2010 to 2011

Staffing Agency contracting with 30,000 contract workers.

#### Project Human Resources Consultant

- Contracted to assist with the backlog of Employee Relations cases that resulted from a large retail division acquisition.
- Worked with management, supervisors, and employees to interpret and apply HR policies and procedures consistently; executed performance improvement plans, coaching, disciplinary actions, terminations, and progressive workplace issues.

#### Key Results:

- Played a key role in organizing, tracking, and resolving the backlog of employee relations cases which included: lengthy
  and in-depth investigations (social media, harassment, workplace violence, discrimination, and retaliation) performance
  coaching, disciplinary actions, and terminations with management.
- Revised and created structured employee communication language for management coaching, interpreted company policy, communicated and recommended areas of opportunity for trainings, and new-employee orientation.

### **GREENLIGHT FINANCIAL SERVICES**

Privately owned full service Mortgage Company with 350 employees.

#### Human Resources Manager (2006 to 2009)

• Promoted to fulfill a broad range of HR functions, including performance management, employee relations (organizational change, RIF, investigations), recruiting, on-boarding employees, administering benefits, and processing payroll (ADP).

### Key Results:

• Strategic partner to Senior Management on organizational change projects, transitions, and executions.

2003 to 2009



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### **Resume Tips** Here are some resume tips to help you create a resume that will get you the interview and your dream job: **Keep It Simple** Recruiters want resumes that are simple to understand. Be sure your resume clearly communicates your skills, knowledge, education, and experience. Use job descriptions resume and job ads you find on Indeed.com and other job search websites to identify the skills, experience, education, and knowledge required that will make you successful in the job you are applying for and include examples of these in your resume For maximum impact, keep your resume as concise as possible. Include the Benefits You Offer An Employer Your resume should show how you can benefit an employer. Explain how you made money, saved money or improved a process or product for your past employers. Quantifying your impact increases the credibility of your accomplishments. To strengthen your resume include: · Improvement Metrics · The more numbers you can add to your resume, the stronger it will look. Include metrics on: Improved Quality by % Increased Sales by % Increased Customer Satisfaction % Reduced Costs by % Reduced Errors

- Reduced Process Time
- Add Numbers that Show the Magnitude of Your Responsibility for increased credibility:
  - Amount of Budget Managed
  - Number of People Managed
  - Amount of Sales Managed
  - Amount of Materials Managed
- Create a Skills Section
  - A Skills Section makes it quick and easy for recruiters or hiring managers to see what you have to offer

#### **How to Handle Employment Gaps**

Handling Sabbaticals & Employment Gaps on your resume can be tricky. Here are some articles to give you ideas on how to address them.

#### Words To Include & Avoid in Your Resume

#### More Resume Tips

- Resume Advice From a Google Recruiter
- 7 Strategies To Get More Recruiters To Read Your Resume
- · 4 Secrets Of People Who Always Get The Job Offer
- 9 Resume Fonts Designers Love

#### **Optimizing for Resume Scanning Software**

- Keyword Optimization for Resume Scanning Software
- 4 Ways to Optimize Your Resume for Applicant Tracking Systems
- · Formatting Rules To Get Your Resume Through The Scanning Software



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### Job Search Strategies

#### **COMMON JOB SEARCH STRATEGIES**

- 1. Recruiters & Headhunters
- 2. Work Your Existing Network
- 3. Network to Find a Job
- 4. Job Search Websites
- 5. LinkedIn
- 6. Company Website Job Listings

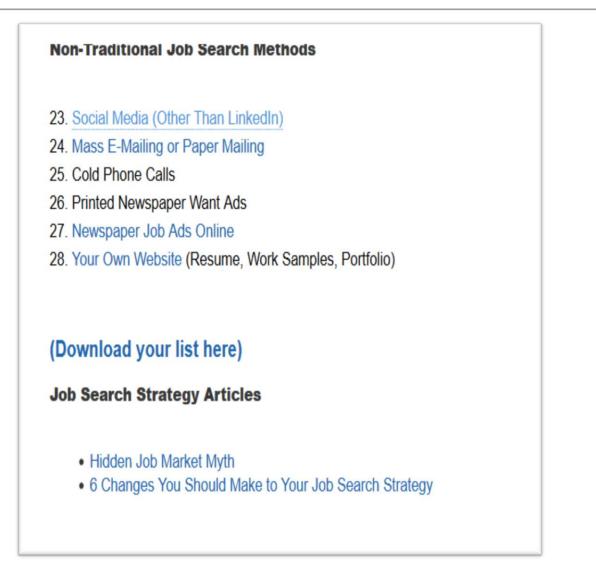
#### LESS COMMON JOB SEARCH STRATEGIES

- 7. Network into Your Target Companies
- 8. Leverage Your Past Employers
- 9. Perform Informational Interviews
- 10. Career Center at Your College or University
- 11. Career Fairs (University, Public, Regional, Publication, Industry)
- 12. Trade Shows
- 13. Post Resume on Job Search Websites
- 14. Job Ads on Professional Organization Websites & in Printed Newsletters

#### Work Your Way Into a Job

- 15. Consult
- 16. Contract Work
- 17. Temporary Agencies
- 18. Volunteer Work
- 19. Internships
- 20. Entry Level Jobs (Work Your Way Up)
- 21. Create Your Dream Job at Your Current Company
- 22. Create Your Dream Job at a Target Company





Have the client select at least 6 Job Search Strategies that they will do consistently. Support the client in selecting a variety of strategies so that they cast a wider net and get exposure to more jobs.



### LinkedIn for Job Search

Below is the main page for LinkedIn the Client Only resources. In the left column are the resources for all clients to support them in building their Personal Brand.

Job Search clients should use both the resources in the left column for Personal Brand work and the **LinkedIn for Job Search** resources in the right column as well. Items highlighted in yellow are especially helpful for those in a Job Search. We strongly suggest Job Search Coaches review the resources highlighted in yellow by clicking on the links and reading the articles there. Clients often ask whether they need a Premium Account while in a Job Search. The link below will highlight the advantages. We often suggest they obtain a monthly Premium Account while in their Job Search, and then discontinue it when they obtain their new position. Make sure you review the LinkedIn Profile, LinkedIn Network, and LinkedIn Groups page with your Client.

The podcasts on #7 give a good overview of how to use LinkedIn for Job Search are especially helpful for auditory learners.

LinkedIn for Your Personal Brand	LinkedIn for Job Search
I. General LinkedIn Information	1. General LinkedIn Job Search Information
<ul> <li><i>LinkedIn Check List</i></li> <li>Do I Need a LinkedIn Premium Account?</li> <li>How to Contact LinkedIn Customer Service</li> <li>Donna Schilder's LinkedIn Blog</li> </ul>	<ul> <li>LinkedIn Job Search Checklist</li> <li>LinkedIn "Jobs" Tab <ul> <li>Search for Jobs under the "Jobs" Tab</li> <li>Create Job Alerts under the "Jobs" Tab</li> </ul> </li> <li>3 Ways LinkedIn Can Help You Nab a Job</li> <li>10 Ways to Use LinkedIn to Find a Job (Guy Kawasaki)</li> <li>A Step-By-Step Guide to Using LinkedIn to Get a Job</li> </ul>
2. <mark>LinkedIn Profile</mark>	
3. LinkedIn Recommendations	
4. LinkedIn Network	
5. LinkedIn Groups	
6. LinkedIn SEO	6. LinkedIn SEO for Job Search
<ul> <li>15 LinkedIn Status Updates to Get You Noticed</li> <li>Posting Status Updates &amp; Blogs on LinkedIn         <ul> <li>Best Times To Post On Facebook, Twitter, Google+ LinkedIn, and Pinterest</li> <li>Here's How to Know What and When to Post or LinkedIn</li> </ul> </li> </ul>	Deciding Whether to Post Seeking a Position to Your Status Updates
7. LinkedIn How-To	7. LinkedIn How-To For Job Search
Get LinkedIn Now! Video E-Course	<ul> <li>Podcast Interview with Donna Schilder, Master Certified Coach Get The Most from LinkedIn</li> <li>LinkedIn Job Search Podcast Interview – From the "Catapult Your Career Telesummit"</li> </ul>
8. LinkedIn Company Pages	



LinkedIn Company Page: LinkedIn.com/company/glacier-point-solutions-inc-

## LinkedIn Check List

- Determine Whether Premium LinkedIn Account Needed
- □ LinkedIn Profile
  - □ Review LinkedIn Profile Examples
  - Turn off Status Updates If in Confidential Job Search (Turn Back On After Major Overhaul of Profile)
  - □ View Profile As Seen By Those Viewing Your Profile Vs. Edit Mode
  - □ Understand LinkedIn SEO
    - □ Top 3 SEO Keyword Spots: Headline, Job Titles in Experience Section, Skills Section
  - □ Create Keyword List (Use for Headline, Job Titles, Skills Section, Summary, Experience Descriptions, Education Descriptions)
    - $\Box$  Job Titles Top Priority
    - □ Skills
    - Deut Keyword List in Priority Order
  - □ LinkedIn Top Card
    - □ Your Picture
    - □ Headline (Keywords SEO)
    - $\Box$  Your Contact Information
    - $\Box$  Your Profile Address
    - □ Phone, Email, IM
    - Background Picture
  - □ Formatting for the Screen
  - □ Summary
    - □ First Person Description (Human Voice) with Benefits / Results
    - □ Specialties
    - □ Industries
    - □ Location
  - □ Experience
    - □ Job Titles (Keywords SEO)
  - □ Skills & Endorsements (Keywords SEO)
  - □ Education
  - □ Recommendations
  - □ Accomplishments (Optional Sections that Can Be Added):
    - □ Publications
    - □ Courses
    - □ Certifications
    - □ Organizations
    - □ Volunteering
    - $\Box$  Honors & Awards
    - $\Box$  Projects
    - □ Languages
- Re-Order Sections For Emphasis



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- □ Build Your Network
- $\Box$  LinkedIn Groups (Up to 100 SEO)
  - □ Job Specific
  - □ Career Specific
  - □ Industry Specific
  - □ Company
  - □ Special Interest
  - 🗆 Alumni
  - Company Alumni
  - □ Job Search
- $\Box$  Be Active on LinkedIn (SEO)
  - □ Connect to People (Build Your Network)
  - □ Revise Your Profile
  - □ Join Groups
  - $\Box$  Give & Get Recommendations
  - $\Box$  Add Skills
  - $\Box$  Get Endorsements
  - □ Post Status Updates
  - □ Post Blog Posts
  - □ Participate in Groups

### LinkedIn Job Search Check List

- $\Box$  Jobs Tab
  - □ Search for Jobs
  - □ Set up a Job Alert
- □ Group
  - □ Join Job Search Groups
  - Join Alumni Groups
  - □ Join Industry Groups
  - □ Join Career Groups
  - □ Join Company Groups
  - □ Search for Jobs Under Group Jobs Tabs (Free postings for employers)
  - □ Link to Recruiters
  - □ Link to Hiring Managers
    - Ask for Informational Interviews
  - □ Link to People in Target Companies, Industries, Careers
    - Ask for Informational Interviews
- □ Link to Recruiters
  - Advanced Search
  - Search Connection's Connections
- □ Link to Hiring Managers

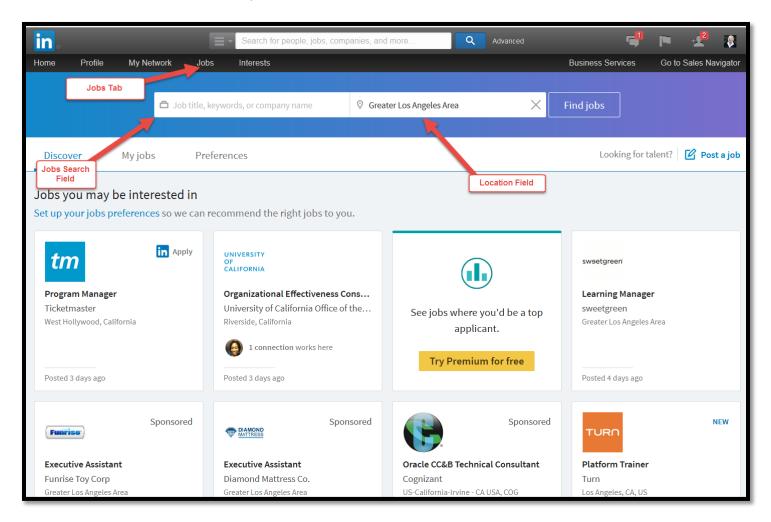
- □ Link to Well Connected People
- □ Set Up Informational Interviews



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#### LinkedIn Job Tab

LinkedIn not only gives its members the ability to post what is like their own website page of their resume online, but it is also a Job Search website like Monster or Career Builder that employer pay to put job ads on. To access the job ads on LinkedIn, click on the Jobs tab at the top.

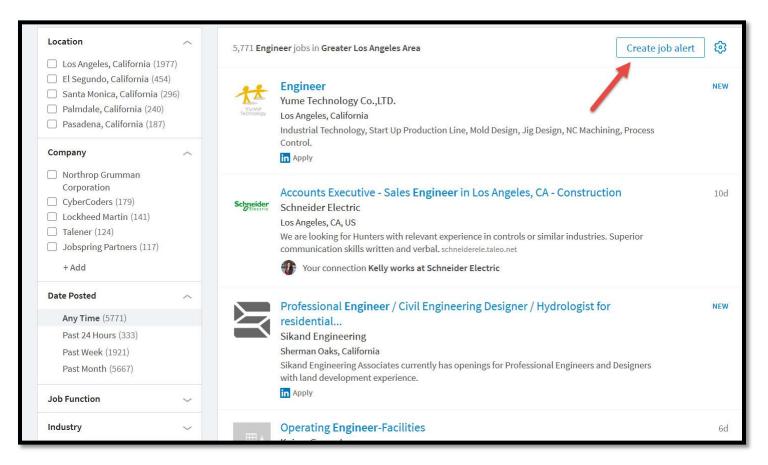




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#### LinkedIn Job Alert

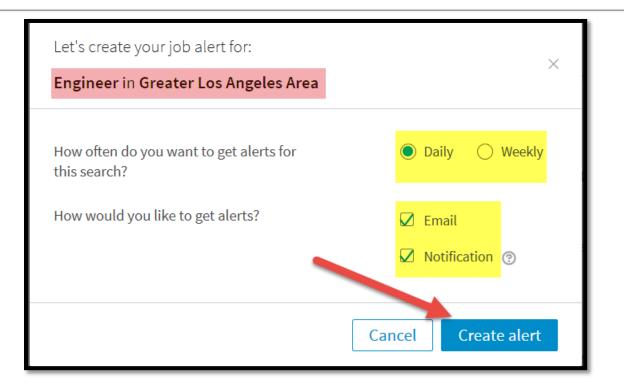
To create a **LinkedIn Job Alert** which will send you notifications either through LinkedIn Messages or through your email account when employers post jobs that match the job criteria (job title and location) you specify, click on the Jobs Tab. Then enter the job search term(s) and location of the job you would like to create the job alert for and click "Find Jobs".



Then, click on "Create a job alert" at the right.



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#### LinkedIn Profile for Job Search

There are two goals for the client for their LinkedIn Profile when they are in a Job Search:

- To tell people in a professional way what they have to offer or how the hiring company can benefit from hiring them
- To be found by hiring companies (or recruiters who can put them in front of hiring companies)
  - The client can accomplish this goal by search engine optimizing for the LinkedIn Search Engine so they get found.

LinkedIn Profile for Your Personal Brand	LinkedIn Profile for Job Search	
<ul> <li>LinkedIn Profile Examples</li> <li>LinkedIn Profile Visual Guide</li> <li>Why Create a LinkedIn Profile?</li> </ul>	<ol> <li>LinkedIn Profile Nuts &amp; Bolts</li> <li>If You Are In a Confidential Job Search: Turn Off Your Activit Notifications</li> </ol>	
<ol> <li>LinkedIn Profile Nuts &amp; Bolts</li> <li>Turn Off Your Activity Notifications</li> <li>View How Others See Your LinkedIn Profile</li> <li>Number of Characters in LinkedIn Profile Fields</li> </ol>		
2. LinkedIn Keyword List	2. LinkedIn Keyword List for Job Search	
<ul> <li>Create a Keyword List         <ul> <li>Job Titles</li> <li>Skills</li> </ul> </li> </ul>	<ul> <li>Create a Keyword List         <ul> <li>Job Titles</li> <li>Skills</li> </ul> </li> </ul>	
3. LinkedIn Top Card	3. LinkedIn Top Card for Job Search	
LinkedIn Profile Picture Pixels     The LinkedIn Guide to the Perfect #WorkSelfie  B. LinkedIn Headline	B. LinkedIn Headlines for Job Search	
	<ul> <li>How to Write a LinkedIn Headline That Attracts Recruiters</li> <li>Deciding Whether to Add "Seeking a Job Or Not" to Your Headlin</li> </ul>	
C. LinkedIn Contact Information	C. LinkedIn Contact Information for Job Search	
<ul> <li>Add Personal Email Address</li> <li>Add Phone Number (if applicable)</li> <li>Customizing Your LinkedIn URL</li> </ul>		
D. LinkedIn Background Picture		
<ul> <li>How to Use Canva to Quickly Make a Perfectly Sized Linked Background Image</li> </ul>	din	
4. Formatting Your LinkedIn Profile for the Screen		
Symbols to Use for Your LinkedIn Profile		
5. LinkedIn Summary	5. LinkedIn Summary	
<ul> <li>Put A Human Voice In Your LinkedIn Summary</li> <li>Top 10 Most Overused LinkedIn Buzzwords</li> </ul>	Add Your Resume and/or Bio	



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6. LinkedIn Experience	6. LinkedIn Experience
Use Keywords in Job Titles	<ul> <li>4 Steps to Attract Recruiters to Your LinkedIn Profile</li> <li>Handling Employment Gaps</li> </ul>
7. Education	7. Education for Job Search
8. LinkedIn Skills & Endorsements Section	8. LinkedIn Skills Section for Job Search
Your LinkedIn Skills Just Got a Lot More Valuable	The 25 Hottest Skills That Got People Hired in 2014
9. Accomplishments (Optional Sections that Can Be Added):	
Publications, Courses, Certifications, Organizations, Volunteering,	
Honors & Awards, Projects, Languages	
9. Advanced LinkedIn Profile Tips	
<ul> <li>7 Ways to Stand Out With LinkedIn Visual Content</li> </ul>	

#### **Skills Section**

- You can add up to 50 words to the Skills Section (and add 50 words). Type in a keyword and see what comes up that relates. Always use the keywords that come up as it auto-populates.
- Put the most important words up front because these will be the ones that people endorse you for the most (because they come up in their feed first). ting endorsements from fellow students won't hurt because eventually they will be working in the field and then they will have greater impact). Not all keywords have to be job titles, they are just the most important ones. Any keywords that are relevant to what you do will help you be found.

#### Education

• For SEO, list some of the courses you are taking that would have relevant keywords in them.



#### LinkedIn Network for Job Search

Job Search clients can support their job search by building their LinkedIn network so that they are found by more recruiters, hiring managers, and colleagues and so that can have access to more people for their job search.

LinkedIn Network for Your Personal Brand LinkedIn Network for Job Search		
Build Your LinkedIn Network		
<ul> <li>Upload your contact database(s) – (work email, customer database, vendor database, personal email, Facebook Contacts, other social media contacts)</li> <li>Search your contact's LinkedIn contacts for people you know</li> <li>Categories of people to look for on LinkedIn to expand your network</li> <li>Search for colleagues from past Employer Employee Lists <ul> <li>People Searches</li> </ul> </li> </ul>		
Advanced People Searches		
Network on LinkedIn	Network on LinkedIn for SEO (to Support Job Search)	
<ul> <li>5 LinkedIn Connection Requests That Get You In Front of CEOs</li> </ul>	Top 100 Most Connected People on LinkedIn	
	Link With Recruiters	
	<ul> <li>How to Connect With Recruiters on LinkedIn</li> <li>How to Find Recruiters on LinkedIn <ul> <li>Using the Advanced Search to Search for Recruiters</li> <li>Searching Your Connections' Connections for Recruiters</li> </ul> </li> <li>6 Ways Recruiters Use LinkedIn to Headhunt</li> </ul>	
Build Your LinkedIn Network in an Ongoing Basis		
<ul> <li>Scan Business Cards from Networking Meetings Upload into LinkedIn</li> <li>Send Link Requests to Everyone You Meet         <ul> <li>Customers / Clients</li> <li>Vendors</li> </ul> </li> </ul>		
<ul> <li>Interviewees or Interviewers</li> <li>Colleagues</li> </ul>		
<ul> <li>Competitors</li> <li>Speakers</li> <li>New Friends</li> </ul>		



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#### LinkedIn Advanced People Search



#### LinkedIn Advanced People Search Filters

Search	9,454,295 results • View results in Sales Navigator		Save search •
Advanced <	1st Connections × 2nd Connections × Group Members ×		Ads
People	Advanced People	Search	Reset Close
Keywords First Name	Relationship          1st Connections         2nd Connections         Group Members         3rd + Everyone Else		Upgrade to access multiple in Groups The Recruiter.com Network Candidate and Resume Sourcing Discussio ATD - Orange County (CA)
Last Name	Location Current Company		Writing on LinkedIn Contract, Consulting, Freelance and Part-Ti Years of Experience
Title Company School	Industry         Accounting         Airlines/Aviation         Alternative Dispute Resolution         Alternative Medicine	^	
Location	Animation Past Company	~	in Company Size
Anywhere Search Reset	+ Add School		
	Profile Language Nonprofit Interests		



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#### Search Your Connections' Connections for Recruiters

Home	Coaching	How Coaching Works	Success Stories	Bio Resources	
		n's Search		anna that	
you believe wou		nk to on LinkedIn is to do a searc ecruiters.	in on one a colleague s C	onnections that	
	To perform a search on a Connection's Connections, go to their Connections and click on the magnifying glass in the right corner.				
Connection	ns	AI	I (455) Shared (21) N	ew (2) Q	
		glass	n the magnifying to search your tion's Connections		
search for recru	iters in a collea	the search term you would like t gue or connection's connections / the search like: "Engineering R	type the word "Recruiter		
Connections		All (455) Shared	(21) New (2)		
		Type a search term ir search box that appe			
Once the list is returned, you can click on the connection(s) you would like to link with and send a "Link Request" to link with them or ask your connection for an introduction.					
lf you are asked	for an email, the	e recruiter may list their email in	their Summary section.		



### LinkedIn Groups for Job Search

Joining LinkedIn Groups is an important Search Engine Optimization tool for a job search. Being in the right LinkedIn Groups with the right people has a strong impact getting found by the right people. When people do searches, you are returned in their searches if you are in a LinkedIn Group with them. Job Search clients should be encouraged to join as many LinkedIn Groups as possible. Types of groups include:

- Job Search LinkedIn Groups
- Recruiter Groups
- Human Resources Groups
- Target Industry Groups
- Groups their Target Companies are in
- Job Specific
- Career Specific
- Industry Specific
- Alumni
- Company Alumni

There are LinkedIn Job Search Groups that recruiters search for candidates and jobs are listed under their jobs tabs of these groups. LinkedIn members can join up to 100 Groups.



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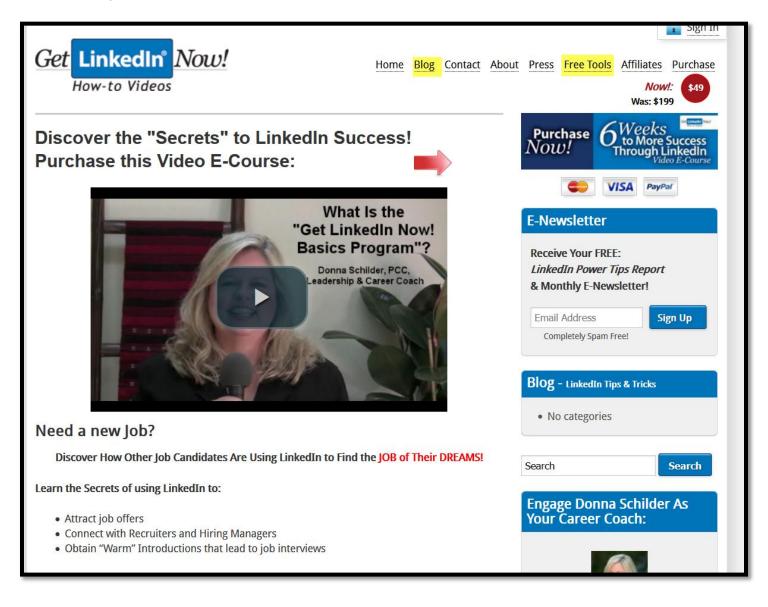
Home Coaching How Coaching Works Success	Stories Bio Resources Blog Press Contact				
LinkedIn Groups					
LinkedIn Groups for Your Personal Brand	LinkedIn Groups for Job Search				
Types of LinkedIn Groups to Join	LinkedIn Job Search Groups to Join				
<ul><li>Job Specific</li><li>Career Specific</li></ul>	Contact Hiring Managers & Recruiters through Groups				
Industry Specific     Special Interest	Be found by Hiring Managers & Recruiters in Groups				
Alumni     Company Alumni	Job Specific     Target Job				
LinkedIn Job Search	Career Specific     Oranget Career				
	HR Groups     Recruiter Groups				
	Industry Specific     Orarget Industries				
	Access Target Companies     Special Interest				
	• Alumni				
	Company Alumni				
	LinkedIn Job Search Groups to Join				
	<ul> <li>Look at "Jobs Tab" in Groups</li> </ul>				
	<ul> <li>Hide logos if in a confidential job search</li> <li>Turn off Group Digests (if too much email)</li> </ul>				
	<ul> <li>Be found by Hiring Managers &amp; Recruiters in Job Search Groups</li> </ul>				
	Network in LinkedIn Groups				
	Link with Potential Hiring Managers				
	Link with Recruiters				
	Link with People in Your Target Industry(ies)     Link with People in Your Target Career				
	Link with People in Your Target Companies				



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#### LinkedIn How-To Videos – Get LinkedIn Now!

I created a series of videos on how to use LinkedIn that you may view (I did everything but work the camera on them). The screen by screen process is no longer accurate, but there is strategy in the videos that is still valid. I will revise the videos at some point in the future.





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### Get LinkedIn Now! Blog

	uille O'Neal) Has a LinkedIn Profile!	
Apr 30, 2014		E-Newsletter
Shaquille Organization (Construction) Shaquing and Shaquing (Construction) Shaquing (Construct	<ul> <li>Wondering if you need a LinkedIn Profile? Even Shaq has a LinkedIn Profile!</li> <li>Like many professionals, Shaquille O'Neal emphasizes his ability to lead teams on his LinkedIn Profile:</li> <li> proven to lead teams to championships. I mean multiple championships."</li> </ul>	Receive Your FREE: LinkedIn Power Tips Report & Monthly E-Newsletter! Email Address Completely Spam Free!
	Those are pretty strong teamwork credentials, Shaq!	Blog - LinkedIn Tips & Tricks
	Read More	No categories
Aug 22, 2013	Team Job on LinkedIn Mobile	Search Search Engage Donna Schilder As Your Career Coach: www.DonnaSchilder.com
	Read More	🕒 in 🖃 🔠 🗭 <u>ನ</u>
Cot Croativo with	Your LinkedIn Undates	



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### Why Can't I find a Job!

- 1. Job Search Marketing Collateral
  - o Bad Resume
    - Poorly written resume
    - Not tailoring the resume to the position
    - Typos and grammar errors
    - Formatting errors
    - Inappropriate format
    - Resume doesn't match the job
    - Lack of experience
    - The wrong experience emphasized for the position
    - Too long
    - Unprofessional email address
    - Out of date contact information
  - o Bad Cover Letter
    - Bad grammar, typos
    - Unprofessional
    - Wrong format
    - Not highlighting the right experience
    - Not tailored to the job or company
    - Too long
    - Too short
  - Bad Elevator Speech
    - Unclear
    - Too Long
    - Not Compelling
    - Insincere
    - Unattainable
  - Weak Personal Brand
    - Not Presenting a Strong Personal Brand at Networking Events
    - Not Presenting a Strong Personal Brand Within Your Company
  - Bad References
  - LinkedIn Profile
    - No picture
    - Picture unprofessional
    - No contact information
    - Profile doesn't match position



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- Profile unprofessional
- Profile not robust enough
- Typos
- Bad Profile format
- No Recommendations
- No Contacts
- Linked with inappropriate contacts
- No Endorsements
- Not understanding the purpose: "I like many believe that Linked In is all about business and not gossip, etc. I hope I am not breaking with protocol but today my daughter graduates from high school."

### 2. THE INTERNET!!!

- o Social Media
  - Facebook
    - Inappropriate or illegal activity or political or bashing your company or boss

Twitter	Instagram	YouTube
Yelp	AboutMe	Google+
Friendster	Meetup	Classmates
myHeritage	Tumblr	Vine
MySpace	Flixster	Match.com

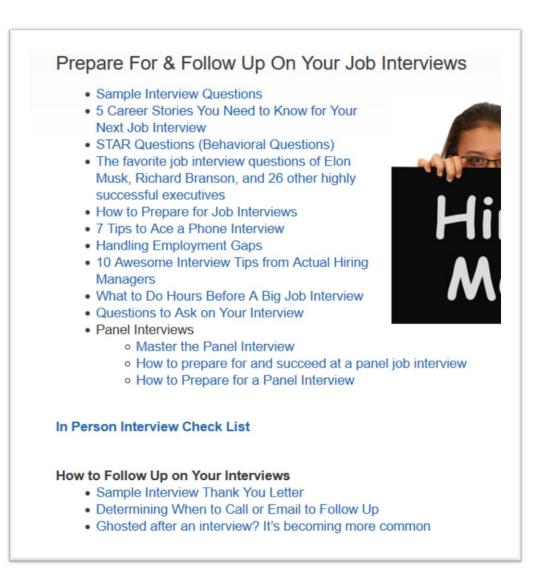
- Past Employer Websites
- Past Resumes Posted on Job Search Websites
- Pictures on the
  - Shutterfly
  - Picasa
  - Google Images
  - iPhone Photos
  - Web Albums
- o Illegal activity
- Mistaken identity
- o Bad credit
- o Personal Websites
- 3. Productivity Issues
  - Not Applying to Enough Jobs
    - Eliminating yourself from jobs you quality for
    - Fear



- Not knowing the right keywords to find jobs you qualify for
- Not putting enough time into it
- Underestimating the number of resumes or phone calls or emails it takes to find a job
- Not Networking Enough
- Not Working Your Network Effectively
  - Fear
  - Don't want to be a bother
  - Don't know you have a network
- 4. Being Too Choosy
- 5. Not Using Multiple Job Search Strategies
- 6. Not Interviewing Well
  - o Not dressing appropriately for the interview
  - Not having good body language in the interview
  - Seeming desperate
  - o Being a smoker
  - Not showing a good work ethic
  - Being arrogant
  - o Being self centered
  - o Being too passive
  - o Fear
  - o Bashing your last company
  - Not following up
  - Following up too much
  - o Money
    - Asking for too much money
    - Not asking for enough money
    - Bringing money up too soon
- 7. Blackballed in the industry
- 8. Bad Press



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### **Interview Preparation Coaching Process**

### Interview Skills Overview - Coaching Session

- 1. Show the client the <u>Interview Preparation & Follow Up</u> page and the <u>Interview Questions</u> Page on the DonnaSchilder.com webpage.
- 2. Help the client understand the different types of Interview questions.
- 3. Optional: Help the client select Interview questions to prepare for and ensure they choose some questions to prepare for from some of the following question lists:
  - a. Behavioral Interview Questions
  - b. <u>Common General Interview Questions</u>
  - c. Challenging Interview Questions
- 4. Encourage the client to create 5 Interview Stories.
- 5. Talk about What to do Hours Before the Interview.
  - a. Encourage the client to review some questions aloud in the car before going into the building ("Tell Me About Yourself." is a good one to review).
- 6. Make the Client Aware of the Interview Feedback Checklist.

### **Mock Interview Coaching Session - Preparation**

- 7. For interview preparation, ask the client for:
  - The job description(s) of the job(s) they are interviewing for or hope to interview for
  - Their resume
  - Any questions they think they will be asked, are concerned about answering, or that have stumped them in the past
  - Then I develop my own questions based on their resume and the job description. If you need help with this, let me know and I can take a look.
- 8. Develop questions based on the materials the client provides.
- 9. Select questions from the lists of <u>Sample Interview Questions</u> on DonnaSchilder.com:

### Mock Interview - Coaching Session

- 10. Do a mock interview and give the client feedback after each answer.
- 11. Near the end of the session give the client overall feedback.
- 12. Questions to Ask:
  - What can you improve?
  - Can you summarize what you learned today?
- 13. Develop actions to improve Interviewing skills. Here are some possibilities:
  - Write out answers to practice questions.
  - Read over answers they've written to practice questions.
  - Practice aloud on their own.
  - Find someone to practice with.
  - Pre-Interview: Practice in the car aloud outside prior to going in the building to get the juices flowing.



**NOTE:** Coaches, if you are willing to share the questions you develop for the interview prep, I will put them on the Interview Preparation page as examples of questions. It is really helpful for all of us to have these examples for our clients, but don't feel obligated to share them.

#### Interview Debrief – Coaching Questions

- 1. What did you do well?
- 2. What could you do better?
- 3. What would you do differently next time?
- 4. What can we work on that will improve your interviewing skills for future interviews?



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### In Person or Skype Mock Interview – Coaching Session Feedback Checklist Interview Checklist

- □ Greeting is appropriate and confident
- $\Box$  Handshake is firm, but not too strong
- □ Sitting position looks professional
- □ Hair looks professional
- □ If female
  - □ Makeup looks professional
  - Makeup is not too pale or plain
  - $\Box$  Makeup is not overdone
- □ Glasses look professional
- □ Shoes are good quality, business-appropriate, and well maintained
- □ Suit
  - □ Style is appropriate
  - □ Looks well maintained and unwrinkled
  - □ Pants are hemmed to an appropriate length
- 🗆 Tie
- □ Shirt lies flat & is unwrinkled
- □ Gestures
  - □ Gestures not too big
    - □ Hands not too still
- □ Posture
  - $\Box$  Not too casual or slouched
  - $\Box$  Not too stiff
- □ Body language
- □ Facial expressions
- $\Box$  No facial ticks
- □ Eye contact is used appropriately
- □ No excessive blinking
- □ Voice tone
  - □ Assertive, confident, professional
  - $\Box$  Does not go up at the end of sentences like a question
  - $\Box$  Voice volume is appropriate
- $\Box$  Pace of speech is appropriate
- $\Box$  No throat clearing
- $\Box$  Does not seem nervous
- $\Box$  Hand placement is appropriate
- $\Box$  Does not fidget
- □ Business card looks professional
- □ Business card content is appropriate
- □ Resume printed on resume paper
- $\Box$  Answers to questions are of appropriate content
- □ Panel Interviews
  - □ Eye contact shifts between panel members appropriately



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### **Interview Debrief**

Positive Feedback:

Suggestions for Improvement of content of answers to questions:

Suggested Areas for Overall Improvement:

Suggested Development Activities:



### Educating the Client About Other Services You Provide

It is important to educate the client on what services you can provide them in the future as they transition from one phase in job search, career, or life to another. Your goal should be to maintain the relationship with the client.

Sometimes the client will seamlessly transition into another type of Coaching with you, (or with another Glacier Point Solutions Coach, if you are unable to provide the services they need). Other times, the client may disengage with us, and return intermittently or for a longer engagement in the future.

With Job Search Coaching, some clients work with their Coach until they have found a position and other clients choose to discontinue their Coaching sessions prior to landing a position (once they feel comfortable that their job search skills are honed and they have a good job search plan). But, they may need support when they interview for positions, when they lose momentum, when they are negotiating a job offer, or when they start their new job.

Below are examples of verbiage to use for educating clients on what you have to offer them after they have discontinued Coaching services for this engagement:

"I am available any time to support you with interview preparation, help with job offer negotiation, help with deciding between multiple job offers, or support in getting re-motivated or increasing your job search productivity. You can engage me for one session at a time if you need to or re-engage me on a month-to month basis."

"When you get your new position, you may want to engage me to support you for the onboarding process to ensure that you are successful in your new job. I can support you in assessing the new corporate culture you will be engaging with, creating strategies for communicating with your peers, and for establishing your relationship with your new boss."

"Many clients pitch to their new employer to pay for Executive Coaching for them or find that their company already has an Executive or Leadership Coaching fund in place that can be used to pay for Coaching."

Areas that you may want to highlight with your clients as areas for future work in Coaching include:

- 1. Onboarding Coaching "The First 90 Days"
- 2. Executive Coaching
- 3. Professional Skill Development
- 4. Career Plan Development
- 5. Life Planning
- 6. Life Coaching
- 7. Future Job Search



- 8. Sales Coaching
- 9. ADHD Coaching

If your Client needs a type of Coaching that you do not feel comfortable providing, please let Donna Schilder know and she will work to match the client with a Coach who can provide the services they need.